

Senior Living Community Checklist

Review the questions below and track your answers for each community you explore.

General:

1. What type of community is it? Is it a Life Plan Community/Continuing Care Retirement Community (CCRC)?
2. What are the qualifications for becoming a resident?
3. What is the cost of the community?
 - a. Is there an entrance fee?
 - b. Is there a monthly fee?
 - c. What is included in the monthly fee?
4. What is the contract type here?
 - a. Type A (Lifecare)?
 - b. Type B (Modified)?
 - c. Type C (Fee for Service)?
5. How does the community communicate with families about a resident's well-being?
6. Are there guidelines around visitors?



Services/amenities:

1. What services/amenities are offered?
 - a. Housekeeping?
 - b. Landscaping?
 - c. Laundry?
 - d. Fitness Center?
 - e. Pool?
 - f. Spa?
 - g. Salon?
 - h. Library?
 - i. Other?

Activities:

1. What activities are offered?
 - a. Group fitness classes?
 - b. Resident clubs?
 - c. Lifelong learning programs?
 - d. On-campus/off-campus events?
 - e. Volunteer opportunities?
 - f. Other?

Continued on Page 2



Call 301-355-2801 or visit: www.thevillageatrockville.org

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Living options:

1. What living options are available and what are the features of each?
 - a. Cottage Homes?
 - b. Apartment Homes?
2. What floor plans are available?
3. Do residents have the option to choose finishes and upgrades?
4. Is a garage or parking included?
5. Is private outdoor space included?
6. Are pets allowed?

Dining:

1. Do apartments have full kitchens?
2. What are the dining options on campus?
3. When is dining available on campus?
4. Does the dining team accommodate special diets for allergies or other dietary needs?

The area:

1. What are the local attractions and how far away are they?
 - a. Dining?
 - b. Shopping?
 - c. Hiking?
 - d. Museums?
 - e. Theaters?
2. Is transportation available?

Safety:

1. Are team members available 24/7?
2. Is there a generator for backup power?
3. What is in place for bathing/bathroom safety?
4. Do residents have access to an emergency alert system?

Future care:

1. What health care services are provided on campus?
 - f. Rehabilitation?
 - g. Assisted Living?
 - h. Memory Care?
 - i. Skilled Nursing?
 - j. Long-Term Care?
2. What happens if I need additional services? What is the pricing for additional care?
3. What does my insurance cover? What insurances are accepted?
4. What is the ratio of staff to residents during the day/night?



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